

*by neighbors, for neighbors*



Living Well in Lowry | Writer Guidelines

published by Jewel Communications, LLC

- Submit in normal Word format.
  - o No bold
  - o No italics
  - o No all caps
  - o Only one space after periods, commas, questions marks, etc.
- Email by 15<sup>th</sup> of the month for consideration in next month's issue.
- Please no more than 400 words. If columns are longer they will either be sent back for editing or Publisher will edit.
- Include a one-two sentence bio on writer including name, background, contact information.

### **Publisher's Note**

We welcome anyone with an interest in writing for *Living Well in Lowry* to submit their column or idea to us. Due to limited space, we cannot guarantee everyone will get published, each month. Preference is given to those who advertise **and** wish to write. Additional columns will be used as space allows. If your column does not make it in, it is kept on file for consideration in the following month's issue.